

LiisBeth

PRESENTS



25 WAYS TO LIBERATE YOUR MIND

WWW.LIISBETH.COM

OUR LIST OF RECOMMENDED BOOKS
FEATURED IN NEWSLETTERS #53-63

WARNING: YOU WILL BE CHANGED!

“I WILL NOT REPRODUCE A WORLD I CANNOT BEAR.”
—Sara Ahmed

Dear Reader,

Ten times a year, we publish our monthly newsletter. Each newsletter take about 100 hours of work to create and produce. Each newsletter includes two book recommendations as well.

This summer, we thought we would pull together the books we recommended over the past year all into ONE convenient document including links to buy direct from the publisher (not Amazon). Alternatively, we encourage you to order these books from your favourite indie, local bookstore or feminist bookstore.

The list overall includes 25 titles which covers topics like gender and neuroscience, Indigenous feminism, Korean feminism, feminism in business, sexism in the tech space, Black writers, and stories about all kinds of resistance.

For a longer list of feminist book recommendations including many books considered to be part of feminist canon, visit our website [here](#). Note we are in the process of disengaging with Amazon and plan to launch a new bookshelf page by October 1.

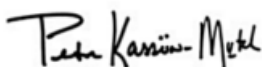
If you are interested in our anti-Black racism booklist which we originally released on June 20, [click here](#).

And finally, if you are interested in being in conversation about any of these reads and/or are looking to find a community of feminists you can relate to, check out the Feminist Enterprise Commons [here](#). Starting this fall, we will be hosting a new book launch Zoom show in the FEC called IN FINE PRINT, hosted by LisBeth associate editor and author, Lana Pesch.

If you like to receive new book recommendations each month, please make sure you are on our newsletter list! It's free!

Everyone today is talking about how it's time to “do the work.” This means intentionally choosing to read about feminism, anti-oppression work, anti-capitalism, anti-racism and anti-Black racism and anything you can about climate change or social justice. These are new times. And the future is up to us. In order to imagine a different future, we have to first work to unlearn and see the world with new eyes. Reading about issues like this is a great step in the right direction. But don't stop there. Please also take action. And if you can't take action yourself, at the very least support grassroots activist organizations and media who can do so on your behalf

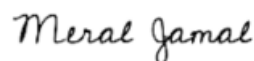
See you in the fall!



Petra Kassun-Mutch
Founding Publisher, LisBeth



Lana Pesch
Newsletter & Associate Editor



Meral Mohammad Jamal
Editorial Assistant

Pleasure Activism by adrienne maree brown



Publisher: AK Press

Purchase Link through Publisher [here](#)

Recommended in: April 2019

How do we make social justice the most pleasurable human experience? How can we awaken within ourselves desires that make it impossible to settle for anything less than a fulfilling life? Emergent Strategy author and editor adrienne maree brown finds the answer in something she calls "pleasure activism," a politics of healing and happiness that explodes the dour myth that changing the world is just another form of work.

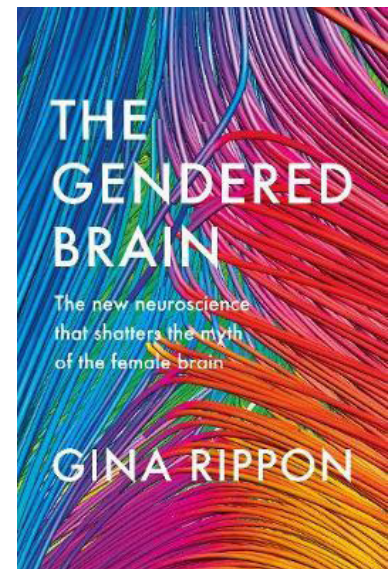
The Gendered Brain: The new neuroscience that shatters the myth of the female brain by Gina Rippon

Publisher: Penguin

Purchase Link through Publisher [here](#)

Recommended in: April 2019

Do you cringe everytime you hear a speaker at a women's empowerment event tell the audience that "it's our time" because colourful scans of women's brains prove they are biologically wired to align with today's most desired leadership skills like empathy, collaboration, or flower arranging? Good news! Gina Rippon's new book crushes that myth with a Dr. Martens boot.



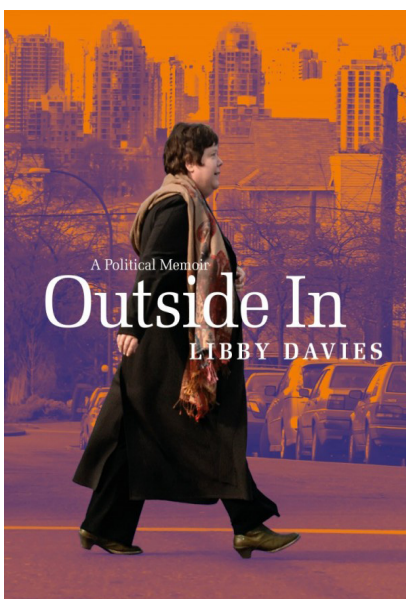
Outside In by Libby Davies

Publisher: Between the Lines

Purchase Link through Publisher [here](#)

Recommended in: May 2019

Libby Davies has worked steadfastly for social justice—at nineteen, Davies became a community organizer in Vancouver's Downtown Eastside. She went on to serve in municipal and then federal politics, advancing to the role of Deputy Leader of the New Democratic Party. Davies looks back on her remarkable life and career, addressing the challenges of her work on homelessness, sex workers' rights, and ending drug prohibition.





***Feminism for the 99%* by Cinzia Arruzza, Tithi Bhattacharya and Nancy Fraser**

Publisher: Verso

Purchase Link through Publisher [here](#)

Recommended in: May 2019

Taking as its inspiration the new wave of feminist militancy that has erupted globally, this manifesto makes a simple but powerful case: feminism shouldn't start—or stop—with the drive to have women represented at the top of their professions. It must focus on those at the bottom, and fight for the world they deserve. And that means targeting capitalism. Feminism must be anticapitalist, eco-socialist and antiracist.

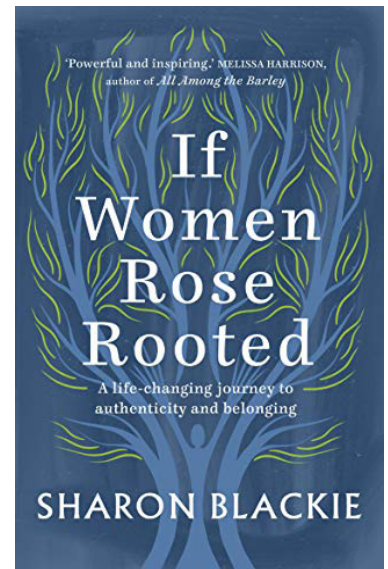
***If Women Rose Rooted* by Sharon Blackie**

Publisher: September Publishing

Purchase Link through Publisher [here](#)

Recommended in: August 2019

Aged 30, Sharon Blackie found herself weeping in the car park of the multinational corporation where she worked, wondering if this was what a nervous breakdown felt like. Somewhere along the line, she realized, she had lost herself—and so began her long journey back to authenticity, rootedness in place and belonging.



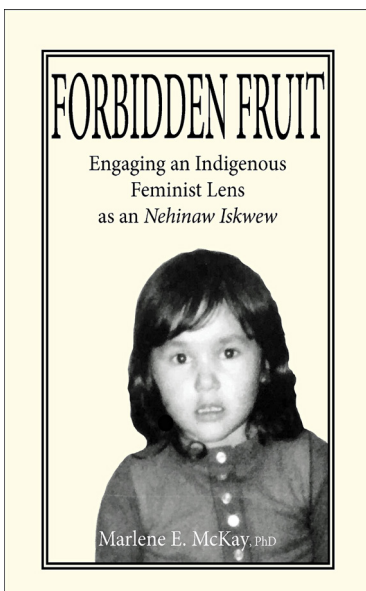
***Forbidden Fruit: Engaging an Indigenous Feminist Lens as an Neninaw Iskwe* by Dr. Marlene E. McKay**

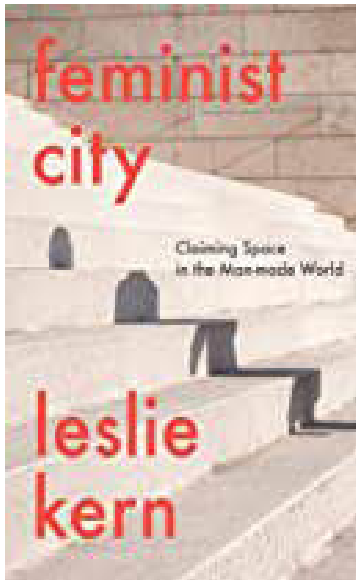
Publisher: JCHARLTON PUBLISHING

Purchase Link through Publisher [here](#)

Recommended in: August 2019

Forbidden Fruit: Engaging an Indigenous Feminist Lens as an Neninaw Iskwe is a feminist-based memoir acknowledging that people are measured, categorized, and placed in a hierarchal order that is deeply influenced by discourses predicated upon social processes.





The Feminist City: A Field Guide by Leslie Kern

Publisher: *Between the Lines*

Purchase Link through Publisher [here](#)

Recommended in: September 2019

Leslie Kern's second book, The Feminist City: A Field Guide is a collection of essays that invites readers to question the design of urban spaces and ways cities can be more inclusive and safe for everyone.

LiisBeth spoke with Kern in September 2019. Check out the full Q&A [here](#).

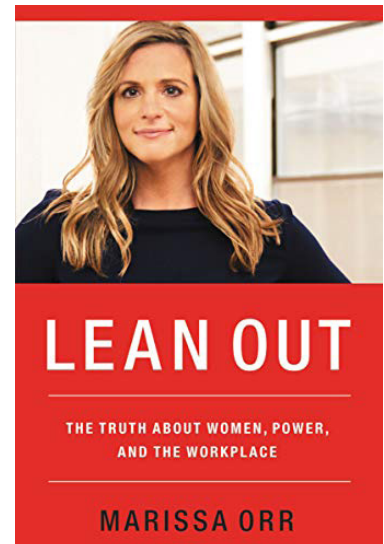
Lean Out by Marissa Orr

Publisher: *HarperCollins Leadership*

Purchase Link through Publisher [here](#)

Recommended in: September 2019

Based on both in-depth research and personal experiences, Orr punctures a gaping hole in today's feminist rhetoric and sews it back up with compelling new arguments for the reasons more women don't make it to the top and how companies can better incentivize women by actually listening to what they have to say and by rewarding the traits that make them successful.



No Place to Go by Lezlie Lowe

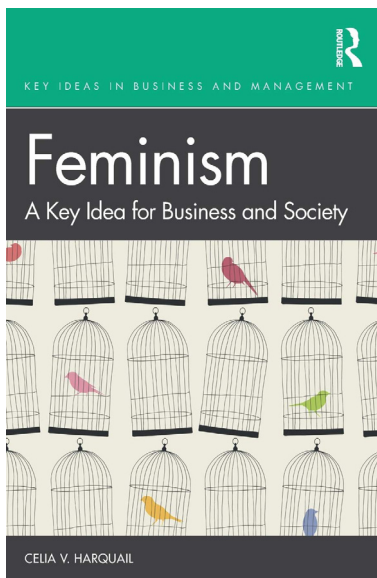


Publisher: *Coach House Books*

Purchase Link through Publisher [here](#)

Recommended in: September 2019

To go along with our theme of city building and the design put into public spaces...this book is Number One in addressing the politics of where we're allowed to "go" in public. Adults don't talk about the business of doing our business. We work on one assumption: the world of public bathrooms is problem- and politics-free. No Place To Go: How Public Toilets Fail our Private Needs reveals the opposite is true.



Feminism: A Key Idea for Business and Society by CV Harquail

Publisher: Routledge

Purchase Link through Publisher [here](#)

Recommended in: October 2019

In this concise book, feminist thought is made accessible and relevant to both students and management practitioners. An empowering introduction to an often-overlooked key idea, this book illuminates how feminist thinking can liberate our understanding of work and management.

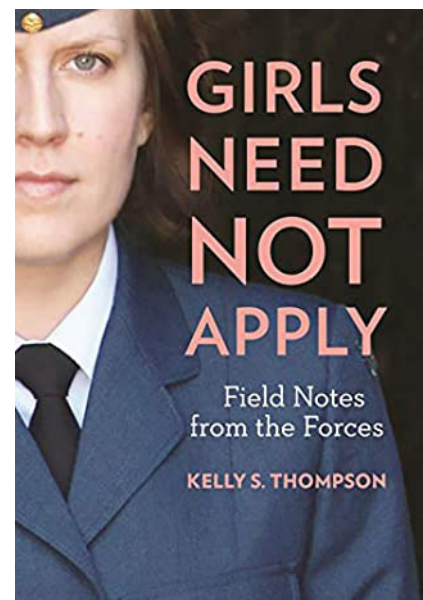
Girls Need Not Apply by Kelly S. Thompson

Publisher: Penguin Random House Canada

Purchase Link through Publisher [here](#)

Recommended in: October 2019

This inspiring, compelling debut memoir chronicles the experiences of a female captain serving in the Canadian Armed Forces, and her journey to make space for herself in a traditionally masculine world.



The Girl Who Gave Zero Fucks by Amy Kean

Publisher: Unbound

Purchase Link through Publisher [here](#)

Recommended in: October 2019

This is the story of a brave young girl, Elodie-Rose, who one day decides to change the world and keep all her fucks in her basket. Wait a minute. You're confused. What are fucks, you ask? It's quite simple, really. Fucks are her self-esteem; all the happy, sad and wonderful thoughts that sit in her basket. That sit in every girl's basket!



LiisBeth

WANT TO SEE THE FEMINIST ECONOMY GROW?

***It takes many hours to put a list like this together—
and months of reading to decide what should go
on the list in the first place!***

***To help support future efforts, visit our subscriber
page here. Recommended subscriber donations
are \$3/\$7/\$10 month! You can also choose a one
time \$10 donation option or visit our PATREON
page here and please consider a \$5 donation!***

Sign up for the Feminist Enterprise Commons here.



LiisBeth

FIELD NOTES for FEMINIST CHANGEMAKERS

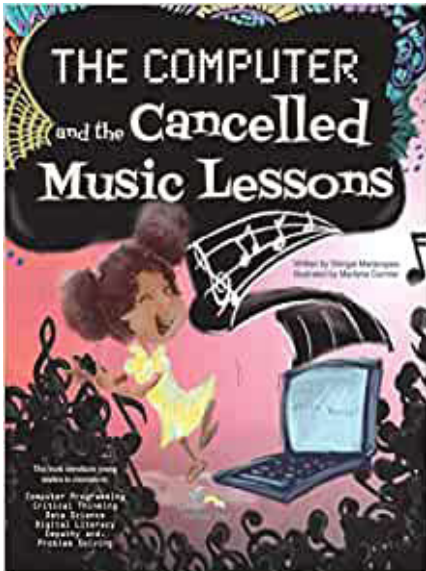
**Patriarchy is the
greatest story
ever sold**

Join us in storytelling, conversation &
alternative worldmaking at www.liisbeth.com

ENLIST



#thefutureisfeminist



The Computer and the Canceled Music Lessons by Shingai Manjengwa

Publisher: Fireside Analytics Inc.

Purchase Link through Publisher [here](#)

Recommended in: November 2019

The Computer and the Canceled Music Lessons is a children's book that introduces young readers (and older ones) to 'data science,' the process of ethically acquiring, analyzing, visualizing and monetizing data.

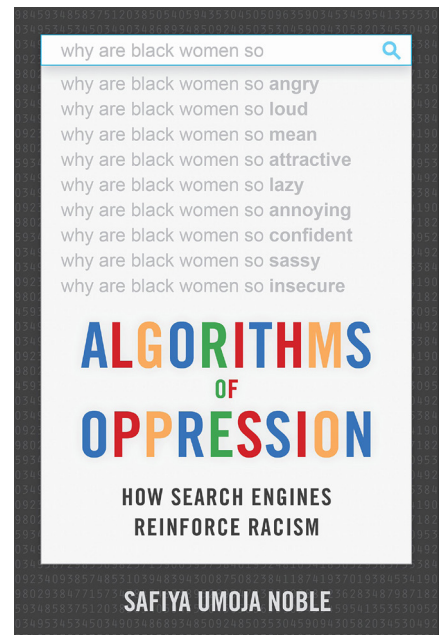
Algorithms of Oppression by Safiya Umoja Noble

Publisher: NYU Press

Purchase Link through Publisher [here](#)

Recommended in: November 2019

Run a Google search for "black girls"—what will you find? "Big Booty" and other sexually explicit terms are likely to come up as top search terms. But, if you type in "white girls," the results are radically different. This book is a revealing look at how negative biases against women of color are embedded in search engine results and algorithms



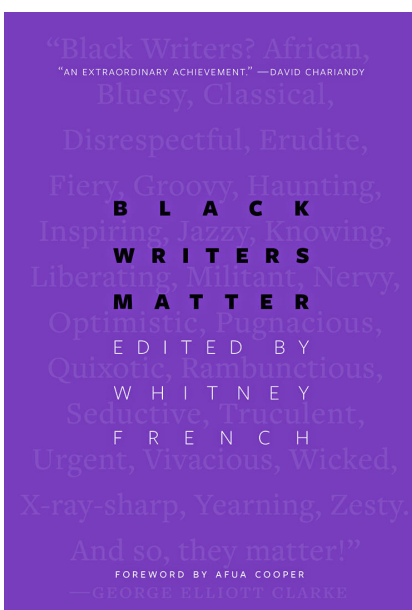
Black Writers Matter by Whitney French

Publisher: University of Regina Press

Purchase Link through Publisher [here](#)

Recommended in: December 2019

An anthology of African-Canadian writing, Black Writers Matter offers a cross-section of established writers and newcomers to the literary world who tackle contemporary and pressing issues with beautiful, sometimes raw, prose. As editor Whitney French says in her introduction, Black Writers Matter "injects new meaning into the word diversity [and] harbours a sacredness and an everydayness that offers Black people dignity."



Whose Story Is This?

Old Conflicts,
New Chapters

REBECCA SOLNIT

Author of *Men Explain Things to Me*

Whose Story Is This by Rebecca Solnit

Publisher: Haymarket Books

Purchase Link through Publisher [here](#)

Recommended in: December 2019

*Who gets to shape the narrative of our times? The current moment is a battle royale over that foundational power, one in which women, people of color, non-straight people are telling other versions, and white people and men and particularly white men are trying to hang onto the old versions and their own centrality. In *Whose Story Is This?* Rebecca Solnit appraises what's emerging and why it matters and what the obstacles are.*

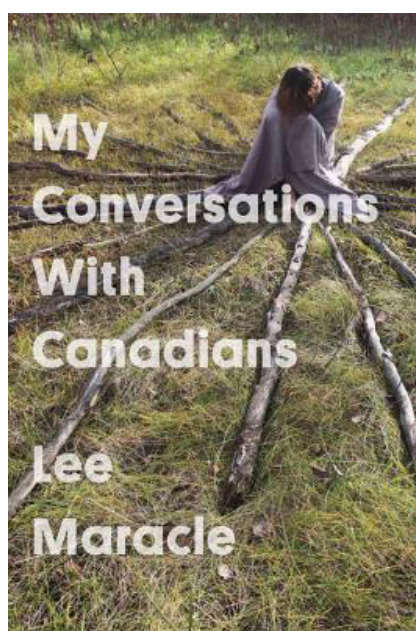
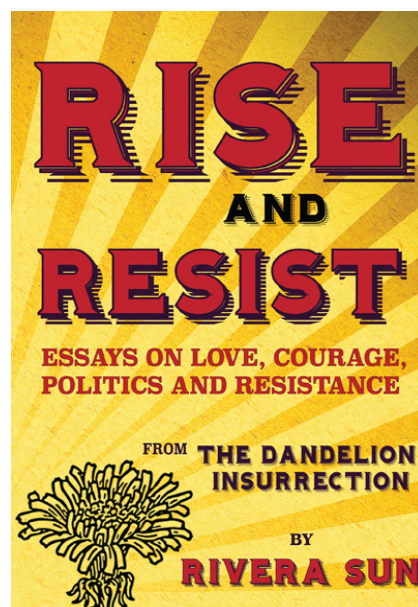
Rise and Resist by Rivera Sun

Publisher: Rising Sun Press Works

Purchase Link through Publisher: N/A

Recommended in: January 2020

*Rise and Resist brings to life the essays of the underground resistance writer Charlie Rider from *The Dandelion Insurrection*. The words are a rallying cry, a balm to the soul, and fuel for the fire of social change. In a printed collection for the first time ever, here are the essays that ignited a mass movement for change in a fictional United States "just around the corner of today".*



My Conversations With Canadians by Lee Maracle

Publisher: Book Hug Press

Purchase Link through Publisher [here](#)

Recommended in: January 2020

On her first book tour at the age of 26, Lee Maracle was asked a question from the audience, one she couldn't possibly answer at that moment. But she has been thinking about it ever since. As time has passed, she has been asked countless similar questions, all of them too big to answer, but not too large to c



Uncanny Valley: A Memoir by Anna Wiener

Publisher: MCD Books

Purchase Link through Publisher [here](#)

Recommended in: January 2020

In her mid-twenties, at the height of tech industry idealism, Anna Wiener moved from New York to San Francisco, where she landed at a big-data startup in the heart of the Silicon Valley bubble: a world of surreal extravagance, dubious success, and fresh-faced entrepreneurs hell-bent on domination, glory, and, of course, progress.

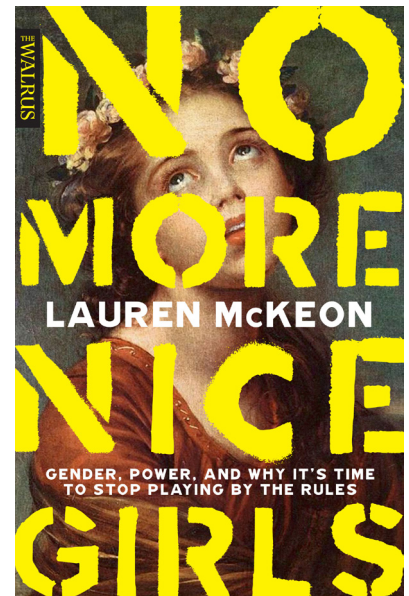
No More Nice Girls by Lauren McKeon

Publisher: House of Anansi

Purchase Link through Publisher [here](#)

Recommended in: February 2020

Today, long after the rise of girl power in the 90s, the failed promise of a female president, and the ubiquity of feminist-branded everything, women are still a surprisingly, depressingly long way from gender and racial equality. It's worth asking: Why do we keep trying to win a game we were never meant to play in the first place?



Other Side of the Game by Amanda Parris



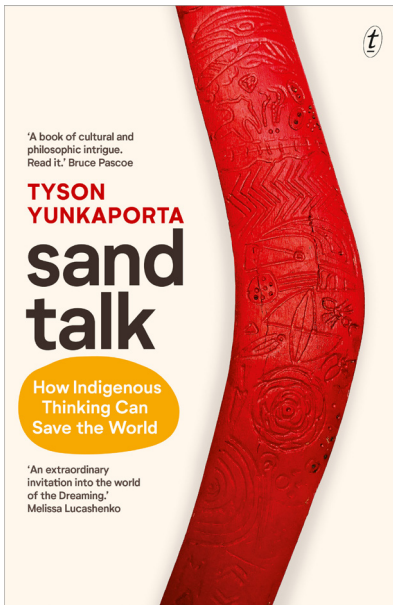
Publisher: Playwrights Canada Press

Purchase Link through Publisher [here](#)

Recommended in: February 2020

In this striking debut, Amanda Parris turns the spotlight on the Black women who organize communities, support their incarcerated loved ones, and battle institutions, living each day by a ride-or-die philosophy, strengthening their voices and demanding to be heard.

Sand Talk by Tyson Yunkaporta



Publisher: HarperOne

Purchase Link through Publisher [here](#)

Recommended in: March 2020

Tyson Yunkaporta looks at global systems from an Indigenous perspective. He asks how contemporary life diverges from the pattern of creation. How does this affect us? How can we do things differently? This remarkable book is about everything from echidnas to evolution, cosmology to cooking, sex and science and spirits to Schrödinger's cat.

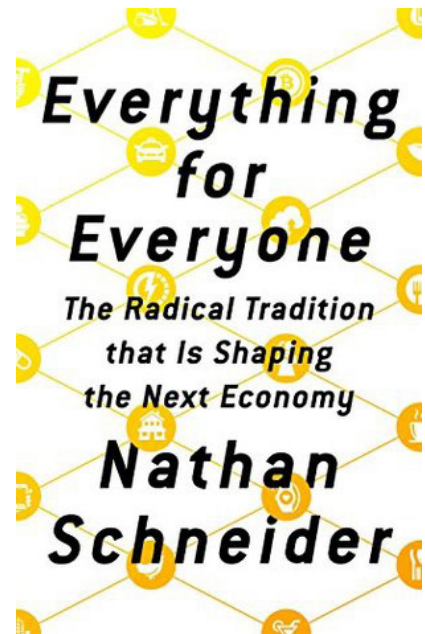
Everything for Everyone by Nathan Schneider

Publisher: Nation Books

Purchase Link through Publisher: N/A

Recommended in: March 2020

A new feudalism is on the rise. From the internet to service and care, more and more industries expect people to live gig to gig, while monopolistic corporations feed their spoils to the rich. But as Nathan Schneider shows through years of in-depth reporting, there is an alternative to the robber-baron economy hiding in plain sight; we just need to know where to look.



Burn It Down! by Breanne Fahs

Publisher: Verso

Purchase Link through Publisher [here](#)

Recommended in: April 2020

In this landmark collection spanning three centuries and four waves of feminist activism and writing, Burn It Down! is a testament to what is possible when women are driven to the edge. The manifesto—raging and wanting, quarreling and provoking—has always played a central role in feminism, and it's the angry, brash feminism we need now.





Kim Jiyoung, Born 1982 by Cho Nam-Joo

Publisher: Liveright

Purchase Link through Publisher [here](#)

Recommended in: April 2020

This Korean bestseller chronicles the everyday struggle of women against endemic sexism. Its provocative power springs from the same source as its total, crushing banality: in telling the story of Kim Jiyoung – whose name is the Korean equivalent of “Jane Doe” – Cho Nam-Joo’s third novel has been hailed as giving voice to the unheard everywoman.



FEMINIST ENTERPRISE COMMONS COMMUNITY CHECK IN: Coping with Covid-19 Measures--It's Better Together



Join us for connection, cross regional check ups, community, strategy sharing & conversation

Fridays, March 20th, 27th and April 3rd, 1:00-2:30 PM on ZOOM

Not a member yet? [Click here](#) for 3 months complimentary access today!

THE FEMINIST ENTREPRENEUR'S
MANIFEST 

SUPPORT
FEMINIST-LED
BUSINESS | **CELEBRATE** **INNOVATION**
COMMUNITY
& LIFE

CHANGE THE NARRATIVE
ENGAGE

CHALLENGE
STEREOTYPES & BIASES
WORK TOWARDS
EQUALITY
& SOCIAL JUSTICE | **ENCOURAGE**
ACHIEVEMENTS & POTENTIAL IN
ALTERNATIVE APPROACHES TO
ENTREPRENEURSHIP

FUEL THE MOVEMENT
FUND FEMINIST
CREATORS
& JOURNALISTS | **BELIEVE** IN SUCCESS
NO MATTER
YOUR
AGE
